The Upstate Professional Development Resource Center

Serving all Regions North of NYC



November/December 2023 Digital Newsletter



Welcome to the November/December Newsletter!

In this newsletter we do a little bit of *looking back*, sharing some of the exciting takeaways from the RISE conference held November 15–16, and some *looking ahead* to let you know what PD offerings will launch in January and to help you return from winter break refreshed and inspired.

RISE 2023





The **RISE conference was a great success**, with diverse speakers and attendees sharing insights and experiences from a wide representation of religious and independent schools. Some of the **key takeaways** were: the importance of embracing **innovation** (including AI!), cultivating healthy relationships, building effective teams, thinking creatively, and communicating effectively in order to best manage the changing needs of religious and independent schools. Some of the resources from these presentations are available below. We will add more as they become available (including the keynote recording on AI). The full program lists all speakers and topics; we encourage you to reach out to specific leaders who

presented at RISE to learn more. **CLICK HERE**

We have some exciting professional development opportunities launching in January, based on the feedback you've provided about your needs. We've enlisted the expertise of our RISE presenters who will offer a "RISE Extension Series" where they go deeper into the ideas from RISE to help you turn ideas into practice. We also have several **new interactive courses** and expanded on-demand content to ensure that you have a variety of formats available to meet your professional development needs. Check out our new offerings below and mark your calendars. We look





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forward to seeing you in these

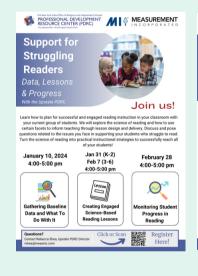
sessions!

Click below to see a *full listing* of Professional Development beginning in January!



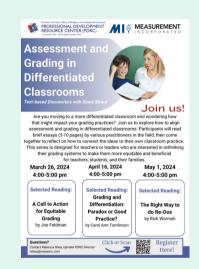
















COMING SOON
From The Upstate PDRC





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Standards-Based Learning 3-Part Series: Now On-Demand!

Standards-Based Learning provides transparency to your students, their families, and your administration in order to communicate clearly what students have learned and need to practice. In this series, participants will consider how to implement standards-based learning through the lens of a secondary math-content teacher; however, the concept of leveled learning is applicable to teachers in all content areas and grades.

Course 1

Unpacking Standards into Learning Levels

Identifying Levels to Differentiate for Deeper Learning

Course 2

Course 3

Assessments for Leveled Learning

Click the course titles to learn more!





NOW
On-Demand
Standards-Based
Learning
Book Study



New





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COMING SOON!

Better Than Carrots or Sticks Book Study

Small Group Instruction
Series

Always Available 40+ On-Demand Courses

Explore By Topic

Standards-Based Learning

Unpacking Standards Into Learning Levels Levels to Differentiate for Deeper Learning Assessments for Leveled Learning

Mentoring Series

The Basics Customize for Your School Resources & Implementation

Onboarding Series

Systems & Structures
Curriculum & Instructional Supports
Ongoing Support

Click HERE to Check Out these & More

Writing Practices

Aligning Instruction: Unpacking Writing Standards
Designing Checklists to Support Student Writing
Using Mentor Texts to Improve Student Writing

Math Practices

Meaningful Math Play From The First Day
Fluency & Number Sense: Practices to Promote a Growth Mindset
Math Makeovers: Making Math Problems More Engaging
Turn Your Classroom Into a Mathematical Playground

New & Novice Teacher Academy Series

1: Classroom Climate & Managing the Learning Environment
2: Creating a Student-Centered Classroom
3: Delivering High-Quality Learning Experiences for ALL Students
4: Assessment for Learning
5: Reflective Practice & Professional Growth

Inclusive Teaching Practices

Accountable Talk to Increase Engagement
Differentiation Made Easier
Collaboration & Co-Teaching to Support All Learners
Essential Assessment Practices
Promoting Student Independence with Prompt
Hierarchies & Natural Support





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Reflect, Refresh, and Reboot

We're fast approaching the 'messy middle' of the school year.

It's quite normal to find that some routines have become lackluster and students might be struggling with academics, friendships, holiday highs and lows, or any number of issues. The mid-year break can provide an opportunity to reflect on what's working and identify places where you want to 'change it up' in the new year. Here are some resources to help you make mid-year adjustments and greet the new year (and your students!) refreshed and inspired.

Mid-Year Reset: 4 Ways to Hit the Reset Button and Reclaim your Class (and Life!)

10 Tips for Teachers to Avoid Mid-Year Burnout

January Classroom Reset

The Power of a Mid-Year Reboot

7 Tips for Teachers to Reset During the Mid-Semester Break

<u>Tips and Tools for a Mid-Year Behavior Reset</u>

Video Series on Classroom Management

Check out this 7-part series of videos on Classroom Management from the NY Center for School Safety! Click **HERE** to learn more.

A series of 7 videos presenting strategies for creating a safe, welcoming, and supportive environment for all students.

Video 1 - What's Your Style

Video 2 - Form Healthy Habits

ideo 3 - In Our Classroom

Video 4 - Importance of Relations

Video 6 - Phases of Acting Out Bel

Video 7 - Best Practices in Classroom Managem

Additional Video Resources:

The Teacher Clarity Playbook
Structuring The Learning Journey
60-Second Strategy: Talk Detectives





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Happy Holidays from The Upstate PORC Jean!

However you celebrate this season, we hope that you enjoy a much-deserved, relaxing break and that you know how important you are to us and to your students. We send our sincere thanks for all that you do!

Rebecca, Diana, Dawn, and Upstate PDRC Team

Our goal is to provide valuable and accessible learning opportunities for teachers and leaders in NYS religious and independent schools, at all stages of their careers. Reach out to Rebecca Shea at rshea@measinc.com to let us know how we can support your professional needs.



